

# GET SUPPORT RIGHT FROM THE START

#### PATIENT SUPPORT OVERVIEW

If you and your healthcare professional decide PONVORY® is right for you, you may be eligible to enroll in patient support programs.

Please see <u>Important Safety Information</u> and the full <u>Prescribing Information</u> and Medication Guide.







# HELPING YOU START TREATMENT WITH PONVORY®

The Wellness Companion Program\* by Janssen CarePath provides personalized educational support to get you started on treatment with PONVORY®. You will be assigned a dedicated Wellness Companion who will guide you through the steps needed to get your treatment underway. They will connect you to education and resources for partnering with your healthcare professional to help manage your relapsing multiple sclerosis (MS) together.

\*The Wellness Companion Program is limited to education about PONVORY®, its administration, and/or relapsing MS. It is intended to supplement your understanding of your prescribed therapy. It does not provide medical advice, health coaching, or improved wellness as a result of engaging with the program; replace a treatment plan from your healthcare professional; or serve as a reason for you to start or stay on treatment. Only your healthcare professional can provide medical advice and design your treatment plan.

#### THE WELLNESS COMPANION PROGRAM OFFERS:

- Guidance: A dedicated companion, available via phone, email, and text, to guide you through how to start treatment with PONVORY®
- Information: Resources to help you learn more about PONVORY® and how you can partner with your healthcare professional
- **Encouragement:** One-on-one assistance so you can feel confident about starting your treatment journey with PONVORY®

#### Find out more!

If you and your healthcare professional decide that PONVORY® is right for you, ask about enrolling in the Wellness Companion Program.

Please see <u>Important Safety Information</u> and the full <u>Prescribing Information</u> and Medication Guide.



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### **SUPPORT FOR LIVING WITH MS**

The MS Wellness Partner Program† by Janssen Pharmaceuticals, Inc. provides one-on-one support to help you work toward personal wellness and lifestyle goals related to living with relapsing MS. You will be assigned your own Wellness Partner who will provide education and resources to help you make the most of your conversations with your healthcare professional.

After you've started PONVORY®, your Wellness Companion can help you enroll in the MS Wellness Partner Program.

<sup>†</sup>As a reminder, the MS Wellness Partner Program is limited to education about relapsing MS. It does not provide medical advice, health coaching, or improved wellness as a result of engaging with the program; replace a treatment plan from your healthcare professional; or serve as a reason for you to start or stay on treatment. Only your healthcare professional can provide medical advice and design your treatment plan. Always consult your healthcare professional before making any changes to your diet, exercise routine, or medications.

#### HERE'S WHAT YOU CAN EXPECT:

- Education: A 12-week program offering tips and strategies to discuss with your healthcare professional to help you manage your day-to-day life with MS, including topics like diet, fitness, and more
- Personalization: Activities and text messages or emails sent to you each week, tailored to your needs and schedule
- Empowerment: Information and tools to help you be an active participant in your relapsing MS care

#### **Making your way with MS**

A personalized plan developed through the MS Wellness Partner Program, along with input from your healthcare professional, may provide the tools to help you feel confident when facing the challenges that can come with living with MS.

Please see <u>Important Safety Information</u> and the full <u>Prescribing Information</u> and Medication Guide.



## Janssen CarePath

# PATIENT SUPPORT FOR PONVORY®

At Janssen, we don't want cost to get in the way of treatment you need. We can help you explore options to lower your out-of-pocket costs for PONVORY®. No matter what type of insurance you have—or even if you don't have insurance—Janssen CarePath can help explain your medication insurance coverage and potential out-of-pocket costs and help find programs that may help you pay for PONVORY®.



The In-Home Pretest Program, for eligible commercially insured patients, provides in-home pretest support at no cost for pretests that may be required when starting treatment with PONVORY®.

You may be eligible for the In-Home Pretest Program if you are age 18 or older with commercial or private health insurance.

There is no income requirement. Terms expire at the end of each calendar year and may change. The program is not valid for residents of MA, MI, MN, or RI. The ophthalmic evaluation is only available in select areas. See full program requirements at <a href="mailto:janssenCarePath.com/Ponvory-In-Home-Pretest">JanssenCarePath.com/Ponvory-In-Home-Pretest</a>.



#### JANSSEN CAREPATH PRETEST REBATE PROGRAM

Eligible commercial patients **pay \$0 after rebate** for required pretests and/or first dose monitoring when starting treatment with PONVORY®. There is a \$1,500 maximum program benefit per lifetime.

Not valid for patients using Medicare, Medicaid, or other government-funded programs to pay for their pretests or first dose monitoring. Terms expire at the end of each calendar year and may change. Not valid for residents of MA, MI, MN, or RI. There is no income requirement. See full program requirements at <a href="mailto:JanssenCarePath.com/Ponvory-Pretest">JanssenCarePath.com/Ponvory-Pretest</a>.

Please see <u>Important Safety Information</u> and the full <u>Prescribing Information</u> and Medication Guide.



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#### JANSSEN CAREPATH TRIAL OFFER FOR PONVORY®

Free 14-Day Starter Pack and 30-Day maintenance supply for eligible patients.

The Trial Offer helps you become familiar with PONVORY®. At the end of the program, you and your healthcare provider decide whether to continue treatment. To be eligible, you must have been prescribed PONVORY® and be 18 years of age or older. One (1) use is allowed per lifetime.

This trial program is open to patients who have commercial insurance, government coverage, or no insurance coverage. However, there is no guarantee of continuous accessibility after the program ends. Terms expire at the end of each calendar year and may change.

To learn more, talk to your healthcare professional.

#### JANSSEN CAREPATH SAVINGS PROGRAM

#### **COMMERCIAL INSURANCE COVERAGE APPROVED**

Eligible patients pay \$0 per fill with an \$18,000 maximum program benefit per calendar year. Not valid for patients using Medicare, Medicaid, or other government-funded programs to pay for their Janssen medication. Terms expire at the end of each calendar year and may change. There is no income requirement. See program requirements at Ponvory.JanssenCarePathSavings.com.

### JANSSEN LINK FOR PONVORY® COMMERCIAL COVERAGE DELAYED >5 BUSINESS DAYS OR DENIED

Janssen Link for PONVORY® offers eligible patients PONVORY® **at no cost** until their commercial insurance covers the medication, or for up to 24 months from program enrollment, whichever comes first. See program requirements at <a href="JanssenCarePath.com/Ponvory/Janssen-Link">JanssenCarePath.com/Ponvory/Janssen-Link</a>.

#### Visit <u>JanssenCarePath.com/Ponvory</u>.

Need help? Call a Janssen CarePath Care Coordinator at 877-CarePath (877-227-3728), Monday-Friday, 8:00 AM to 8:00 PM ET. Multilingual phone support is available.

Please see <u>Important Safety Information</u> and the full <u>Prescribing Information</u> and <u>Medication Guide</u>.



### **IMPORTANT SAFETY INFORMATION**

#### WHAT IS PONVORY®?

PONVORY® is a prescription medicine that is used to treat relapsing forms of multiple sclerosis, to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.

It is not known if PONVORY® is safe and effective in children.

#### IMPORTANT SAFETY INFORMATION

WHAT IS THE MOST IMPORTANT INFORMATION I SHOULD KNOW ABOUT PONVORY®?

#### PONVORY® may cause serious side effects, including:

- Infections PONVORY® can increase your risk of serious infections that can be life-threatening and cause death. PONVORY® lowers the number of white blood cells (lymphocytes) in your blood. This will usually go back to normal within 1 to 2 weeks of stopping treatment. Your healthcare provider should review a recent blood test of your white blood cells before you start taking PONVORY®. Call your healthcare provider right away if you have any of these symptoms of an infection during treatment and for 1 to 2 weeks after your last dose of PONVORY®:
- fevervomiting
- tiredness
   body aches
   chills
   headache with fever, neck stiffness, sensitivity
   to light, nausea, or confusion (these may be
   symptoms of meninaitis, an infection of
- chills symptoms of meningitis, an infection ofnausea the lining around your brain and spine)

Your healthcare provider may delay starting or may stop your PONVORY® treatment if you have an infection.

• Slow heart rate (bradycardia or bradyarrhythmia) when you start taking PONVORY®. PONVORY® can cause your heart rate to slow down, especially after you take your first dose. You should have a test to check the electrical activity of your heart called an electrocardiogram (ECG) before you take your first dose.

Only Start your treatment with PONVORY® using the Starter Pack. You must use the PONVORY® Starter Pack by slowly increasing the dose over a 14-day period to help reduce the effect of slowing of your heart rate. It is important to follow the recommended dosing instructions.

Call your healthcare provider if you experience the following symptoms of slow heart rate:

dizzinessshortness of breath

lightheadedness
 feeling like your heart is beating slowly or skipping beats
 confusion
 chest pain
 tiredness

#### Do not take PONVORY® if you:

- have had a heart attack, chest pain called unstable angina, stroke or mini-stroke (transient ischemic attack or TIA), or certain types of heart failure in the last 6 months.
- have certain types of heart block or irregular or abnormal heartbeat (arrhythmia) unless you have a pacemaker.

Talk to your healthcare provider if you have any of these conditions, or do not know if you have any of these conditions.

### Before you take PONVORY®, tell your healthcare provider about all your medical conditions, including if you:

- have a fever or infection, or you are unable to fight infections due to a disease or taking medicines that lower your immune system.
- have had chicken pox or have received the vaccine for chicken pox.
   Your healthcare provider may do a blood test for chicken pox virus.
   You may need to get the full course of vaccine for chicken pox and then wait 1 month before you start taking PONVORY®.
- have slow heart rate.
- have an irregular or abnormal heartbeat (arrhythmia).
- · have a history of stroke.
- have heart problems, including a heart attack or chest pain.
- have high blood pressure.
- have breathing problems, including during your sleep (sleep apnea).
- have liver problems.
- had or now have a type of skin cancer called basal cell carcinoma (BCC), melanoma, or squamous cell carcinoma
- have eye problems, especially an inflammation of the eye called uveitis.
- have diabetes.

Please see additional Important Safety Information throughout and the full <u>Prescribing Information</u> and Medication Guide.



# IMPORTANT SAFETY INFORMATION (CONTINUED)

- are pregnant or plan to become pregnant. PONVORY® may harm your unborn baby. Talk with your healthcare provider if you are pregnant or plan to become pregnant. If you are a woman who can become pregnant, you should use effective birth control during your treatment with PONVORY® and for 1 week after you stop taking PONVORY®. Talk to your healthcare provider about what method of birth control is right for you during this time. Tell your healthcare provider right away if you do become pregnant while taking PONVORY® or within 1 week after you stop taking PONVORY®.
- are breastfeeding or plan to breastfeed. It is not known if PONVORY®
  passes into your breast milk. Talk to your healthcare provider about
  the best way to feed your baby if you take PONVORY®.

Tell your healthcare provider about all the medicines you take, including prescription medicines, over-the-counter medicines, vitamins, and herbal supplements.

Using PONVORY® and other medicines together may affect each other causing serious side effects. Especially tell your healthcare provider if you take or have taken: Medicines to control your heart rhythm (antiarrhythmics), or blood pressure (antihypertensives), or heart-beat (such as calcium channel blockers or beta-blockers); medicines that affect your immune system, such as alemtuzumab; and medicines such as rifampin, phenytoin, or carbamazepine.

You should not receive **live** vaccines during treatment with PONVORY®, for at least 1 month before taking PONVORY®, and for 1 to 2 weeks after you stop taking PONVORY®. If you receive a live vaccine, you may get the infection the vaccine was meant to prevent. Vaccines may not work as well when given during treatment with PONVORY®.

Talk with your healthcare provider if you are not sure if you take any of these medicines.

#### **HOW SHOULD I TAKE PONVORY®?**

- Take PONVORY® exactly as your healthcare provider tells you to take it.
- Take PONVORY® 1 time each day.
- Swallow PONVORY® tablets whole.
- Take PONVORY® with or without food.

- Do not stop taking PONVORY® without talking with your healthcare provider first.
- Do not skip a dose.
- Start taking PONVORY® with a 14-day starter pack.
- If you miss taking 1, 2, or 3 tablets in a row of PONVORY® in the 14-day starter pack, continue treatment by taking the first dose you missed.
   Take 1 tablet as soon as you remember. Then, take 1 tablet a day to continue with the starter pack dose as planned.
- If you miss taking 1, 2, or 3 tablets in a row of PONVORY® while taking the 20 mg maintenance dose, continue treatment with the 20 mg maintenance dose.
- If you miss taking 4 or more tablets in a row of PONVORY®, while taking the 14-day starter pack or the 20 mg maintenance dose, you need to restart treatment with a new 14-day starter pack. Call your healthcare provider if you miss 4 or more doses of PONVORY®. Do not restart PONVORY® after stopping it for 4 or more days in a row without talking to your healthcare provider. If you have certain heart conditions, you may need to be monitored by your healthcare provider for at least 4 hours when you take your next dose.

#### What are the possible side effects of PONVORY®?

PONVORY® may cause serious side effects, including:

- **breathing problems**. Some people who take PONVORY® have shortness of breath. Call your healthcare provider right away if you have new or worsening breathing problems.
- liver problems. PONVORY® may cause liver problems. Your healthcare
  provider should do blood tests to check your liver before you start
  taking PONVORY®. Call your healthcare provider right away if you have
  any of the following symptoms of liver problems:

unexplained nausea

-loss of appetite

vomiting

-yellowing of the whites of your eyes

stomach (abdominal) pain

or skin

tiredness

-dark urine

Please see additional Important Safety Information throughout and the full <u>Prescribing Information</u> and Medication Guide.



# IMPORTANT SAFETY INFORMATION (CONTINUED)

- **increased blood pressure.** Your healthcare provider should check your blood pressure during treatment.
- types of skin cancer called basal cell carcinoma (BCC), melanoma, and squamous cell carcinoma. Certain types of skin cancer have happened with drugs in the same class. Tell your healthcare provider if you have any changes in the appearance of your skin, including changes in a mole, a new darkened area on your skin, a sore that does not heal, or growths on your skin, such as a bump that may be shiny, pearly white, skin-colored, or pink. Your doctor should check your skin for any changes during treatment with PONVORY®. Limit the amount of time you spend in sunlight and ultraviolet (UV) light. Wear protective clothing and use a sunscreen with a high sun protection factor.
- a problem with your vision called macular edema. Tell your healthcare provider about any changes in your vision. Your healthcare provider should test your vision before you start taking PONVORY® and any time you notice vision changes during treatment with PONVORY®. Your risk of macular edema is higher if you have diabetes or have had an inflammation of your eye called uveitis. Call your healthcare provider right away if you have any of the following symptoms:
- blurriness or shadows in the center of your vision
- sensitivity to light
- unusually colored
- a blind spot in the center of your vision
- (tinted) vision
- swelling and narrowing of the blood vessels in your brain. A condition called Posterior Reversible Encephalopathy Syndrome (PRES) has happened with drugs in the same class. Symptoms of PRES usually get better when you stop taking PONVORY®. However, if left untreated, it may lead to a stroke. Call your healthcare provider right away if you have any of the following symptoms:
  - sudden severe headache
  - sudden confusion

- sudden loss of vision or other changes in vision
- seizure

 severe worsening of multiple sclerosis (MS) after stopping PONVORY®. When PONVORY® is stopped, symptoms of MS may return and become worse compared to before or during treatment. Always talk to your healthcare provider before you stop taking PONVORY® for any reason. Tell your healthcare provider if you have worsening symptoms of MS after stopping PONVORY®.

#### The most common side effects of PONVORY® include:

- upper respiratory tract infections
- elevated liver enzymes (abnormal liver tests)
- high blood pressure (hypertension)

These are not all the possible side effects of PONVORY®. For more information, ask your healthcare provider or pharmacist. See "What is the most important information I should know about PONVORY®?"

Tell your doctor if you have any side effect that bothers you or that does not go away. Call your doctor for medical advice about side effects. You are also encouraged to report side effects to the FDA: visit <a href="http://www.fda.gov/medwatch">http://www.fda.gov/medwatch</a> or call 1-800-FDA-1088. You may also report side effects to Janssen Pharmaceuticals, Inc., at 1-800-JANSSEN (1-800-526-7736).

Trademarks are those of their respective owners.

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### **SELECT A LOGO TO LEARN MORE**









Please see Important Safety Information on previous pages and the full Prescribing Information and Medication Guide.

